

KEEP THE BALL ROLLING EMPATHY TRAINING

LIVING SMALLER
SMARTER

WHAT EMPATHY TECHNIQUES ARE WE GOOD AT? *(Pausing to listen, focusing on client, ect.)*

WHAT EMPATHY TECHNIQUES DO WE NEED TO IMPROVE?

WHAT OUTSIDE OPPORTUNITIES *(Training, effective policies, understanding other department processes, interacting more with the student population)* **COULD HELP US EMPATHIZE WITH OTHERS MORE EFFECTIVELY?**

WHAT ARE SOME POSITIVE AND NEGATIVE THINGS THAT MAY EFFECT OUR ABILITY TO EMPATHIZE WITH OUR CLIENT? *(Focus on personal well-being)*

LOOKING BACK AT THE PREVIOUS FOUR ANSWERS, WHAT ARE SOME STRATEGIES YOU COULD PUT IN PLACE TO IMPROVE YOUR EMPATHY SKILLS?

